



Mere intercultural interaction may not inherently foster intercultural competence growth. We need „intentional and deliberate pedagogical approaches, activated throughout the study abroad cycle (before, during, and after), that are designed to enhance students’ intercultural competence.” (Paige&Vande Berg, 2012, pp. 29-30.)

**Quote from the PADMICA  
literature review**



**Co-funded by  
the European Union**



“We gradually came to understand that the primary intercultural learning from study abroad did not necessarily occur abroad, but rather as a result of particular kinds of reflection on the experience abroad—and that the frequency and depth of those reflections could be increased by structured interventions both before and after the study abroad experience.” (Bathurst & La Brack, 2012, p. 268.)

**Quote from the PADMICA  
literature review**



Co-funded by  
the European Union



„Intercultural competence is broadly defined as communication and behavior that are both effective and appropriate in intercultural interactions , with effectiveness referring to the degree to which the individual’s goals are achieved and appropriateness referring to the manner and context in which those goals are achieved.” (Deardorff, 2015, p. 218)

**Quote from the PADMICA  
literature review**



**Co-funded by  
the European Union**



Curiosity, considered crucial for intercultural competence, enhances other skills. Curious individuals can better explore and interpret cultural differences. Cognitive flexibility, shifting perspectives with empathy, helps reduce prejudice. Non-judgmentalness enables unbiased learning and fosters cultural humility in interpreting unfamiliar situations. (Bennett, 2015)

**Quote from the PADMICA  
literature review**



Co-funded by  
the European Union



In our literature review for the PADMICA project, we aim to introduce relevant scientific literature on the adaptation of international students and the development of intercultural competences throughout mobility experiences.

.

**Coming soon!**

**Follow #PADMICA to stay tuned!**

<https://padmica.eu>



**Co-funded by  
the European Union**